

THE HAIR  
*S*lounge  
Beauty Rooms

*Tel.* 015394 44967

# HAIR

## STYLING

	Director	Senior Stylist
Ladies cut & finish	38.00	32.00
Style change	44.00	38.00
Gents cut & finish	20.00	20.00
Finish	25.00	23.00
Hair up/dressed	40.00	35.00
Fringe trim	3.50	3.50
<b>Toddlers (0-5 yrs)</b>		
Un-washed		10.00
Washed		12.00
<b>Kids (5-11 yrs)</b>		
Un-washed		16.00
Washed		18.00

Students 10% off cut & finish price with senior stylist only

## COLOURING

Highlights parting	35.00	plus colour	55.00
Highlights ¾ head	45.00	plus colour	65.00
Highlights full head	55.00	plus colour	75.00
Full head permanent colour			45.00
Re-growth			33.00
Re-growth & refresh			38.00
Re-growth pre-lightner			40.00
Semi permanent (6 week colour)			33.00
Toners & glossing			15.00
Complete colour change		price on consultation	
Cleansing		20.00-30.00	
Treatments		from 3.00	

A sensitivity test is required 48 hours prior to a colouring service

## PERMANENT WAVING

Perm ¾ head	45.00
Perm full head	55.00

Colouring and permanent waving services exclude cutting and finishing

## KERATIN BRAZILIAN BLOWDRY

Shiny more manageable frizz free hair

Long hair	160.00
Short hair	130.00

**L'ORÉAL** PARIS  
**PROFESSIONNEL**

# BEAUTY

## WAXING

Full leg	26.00
+ Bikini	33.00
Half leg	17.00
+ Bikini	24.00
Forearm	14.00
Lip or Chin	7.00
Lip & Chin	11.00
Bikini	12.00
Underarm	9.00
Eyebrows	8.00
Brazillian	34.00
Hollywood	38.00

## TINTING

Eyebrows	9.00
Eyelashes	11.00
Both	16.00

Patch test required 48 hours prior to tinting service.

## TANNING

This includes full exfoliation & shower

Fake Bake/Elemis Total Glow full body (1 Hour)	32.00
Fake Bake/Elemis Total Glow half body (30 Mins)	20.00



## MANICURES

Le Remedi luxury treatment (hand cleanse, exfoliaire, masque & liposome serum)	11.00
Jessica express manicure	15.00
Jessica standard manicure	24.00
Jessica luxury manicure	28.00
Jessica deluxe manicure	32.00

## PEDICURES

Jessica standard pedicure	30.00
Jessica luxury pedicure	34.00

## SHELLAC GEL

14 day wear nail polish that leaves a mirror finish and can be applied to fingers and toes.

Shellac manicure or pedicure	30.00
Shape & overlay (this service does not include manicure)	22.00
Soak off	5.00
Soak off & treatment	10.00
Repair a nail	2.00
Nail art/crytals	Price on consultation

## EYELASH EXTENSIONS

Nouveau lashes is a state-of-the-art semi permanent eyelash extension treatment for people who want to lengthen their lashes and define their eyes.

Nouveau contour eyelash extensions (2 Hours)	75.00
Lash infill (every 2/3 weeks) (45 Mins)	26.00
Replacement set every four months for regular clients	60.00
Lash removal	12.00
Individual lashes	12.00
Party lashes	15.00

# ELEMIS

Elemis has over 17 years experience in treating both men and women in the professional spa environment. Each spa-therapy has been developed by a specialised team, headed by Noella Gabriel, using extensive clinical and scientific studies to ensure every therapy shows real results.

Designed to respect the body's complex physiology, Elemis spa-therapies work in natural synergy with the skin, body and mind. Every treatment is specifically designed to offer a unique experience, using powerful massage sequences and the most potent actives available in the world today.

Dynamic ingredients, medical grade formulas and dedicated research are all combined to provide a range of spa-therapies that offer scientific solutions to every skin, body or lifestyle concern.

## ELEMIS ADVANCED ANTI-AGEING FACIALS

These superior face treatments are further enhanced by luxurious hand, arm and scalp massage sequences for the ultimate in scientific skin-therapy.

### Tri-Enzyme Resurfacing Facial 1 hr £59.00 Course of 6 £319.00

*Peel away the years for smoother, more radiant skin.*

This ground-breaking anti-ageing facial instantly resurfaces and smoothes the skin. Clinically proven to visibly resurface by up to 75%\* and increase skin smoothness by up to 32%\* after just 1 treatment, this unique facial targets blemishes, uneven skin tone, superficial facial scarring and fine lines, revealing a younger looking skin.

Pioneering the precision layering of 3 targeted enzyme serums, this advanced resurfacing technique safely and effectively removes the thickening layer of the epidermis. Skin is left incredibly clean, smooth and radiant, bringing a renewed level of evenness and clarity to the complexion. Recommended: 1 treatment every 3 weeks - course of 6.

\* Skin test required

\* Independent clinical trials 2006

### Visible Brilliance Facial 1 hr 15 mins £64.00 Course of 6 £346.00

*To combat ageing, stressed and slackened skin.*

Independently tested with revolutionary results, this anti-ageing face and eye treatment instantly firms, rejuvenates and plumps skin whilst helping to reduce dark circles. Moisturisation levels of the skin are proven to increase by up to 61%\* and elasticity by 40%\* after just 1 treatment. Specialised micro-circulatory massage techniques are combined with powerful formulations and the two-phase Amino Active Mask to help smooth, sculpt and restore skin radiance.

\* Independent clinical trials 2004

### Pro-Collagen Quartz Lift Facial 1 hr 15 mins £64.00 Course of 6 £346.00

*Anti-wrinkle facial with proven results.*

This exceptional anti-wrinkle facial has been independently tested, with phenomenal results. Clinically proven, after just 1 treatment, this facial reduces the number of wrinkles by up to 94%\* and improves skin firmness by up to 57%\*. Specialised lifting massage techniques are combined with professional strength anti-ageing formulations for maximum treatment efficacy, leaving a firmer, uplifted, more youthful looking appearance.

Recommended:  
1 treatment every  
3 weeks – course  
of 6.

\* independent clinical trials 2007



## ELEMIS SKIN SOLUTIONS FACIALS

### Modern Skin Facial NEW 1 hr

£54.00

*Designed for skin challenged by modern living.*

Bursting with anti-oxidant rich minerals and vitamins, this purifying treatment helps remove damaging toxins, regenerate skin cells and rebalance sebum.

The results: remineralised, rebalanced and renewed skin.

Recommended: 1 treatment every 3 weeks.

### Oxygen SkinCalm Facial 1hr 15mins

£54.00

*Pure soothing heaven for sensitive skin.*

Gentle massage techniques are combined with calming actives and a restructuring Japanese Silk Mask, infused with Absolute SkinCalm Booster Serum, to help rebalance delicate, fragile and sensitive complexions. Helping to relieve redness, this superior face and eye treatment offers immediate comfort to stressed and irritated skin.

### S.O.S. Purifying Facial 1hr 15mins

£54.00

*A purifying treatment for congested skin.*

A powerful face and eye treatment that helps regulate and balance the function of the skin. Purifying massage techniques combined with the unique Japanese Sulphur Mask, infused with Absolute Vita-C Booster Serum, help to absorb sebum, calm irritation and rebalance oil-rich pores, leaving a beautiful matt complexion.

Recommended: 1 treatment every 4 weeks.

## ELEMIS FACE AND BODY THERAPY

### Face and Body Sensation 55 mins

£59.00

Experience the perfect Elemis treatment duo, a sensational massage combined with a prescribed booster anti-ageing facial. Choose from the unique Re-Energiser, an 'ice-cool thermal' massage to relieve stress tension and ease aching muscles, or Tranquillity, a 'thermal-soothing' massage to induce a deep level of relaxation and calm your mind. You will then be treated to your intensive booster anti-ageing facial, designed to smooth out wrinkles and restore youthful radiance:

- Pro-Collagen Quartz Lift Facial
- Tri-Enzyme Resurfacing Facial
- Visible Brilliance Facial
- Skin IQ+ Men's Facial

### Absolute Spa Ritual 2 hrs

£85.00

*The ultimate skin and body therapy for maximum results.*

Choose from one of the unique Elemis Advanced Anti-Ageing or Skin Solutions Facials and combine it with the powerful effects of the Elemis Deep Tissue Muscle Massage. Two hours of pure relaxation with dramatic results!



## ELEMIS BODY THERAPY

**Deep Tissue Muscle Massage 1 hr**  
£49.00

*Deep rhythmic pressure massage.*

Alleviate stress, ease aching muscles and revive the senses with this powerful, customised massage. Dynamic blends of Essential Oils are prescribed to target individual needs and reduce specific stress and muscle tension.

Choose from:

- **Stress-a-Way:**  
Wind down and release the tension of the day.
- **Spirit Reviver:**  
A powerful surge to invigorate and recharge.
- **Muscle Melt:**  
Relax and re-energise a tired and aching body.
- **Chakra Balancing:**  
Reconnect your mind, body and soul.

**Deep Tissue Back Massage 30 mins**  
£29.00

*Minimum time, maximum tension-relieving results.*

Specifically targeting the back, shoulders and neck areas, where you need it most.

Recommended: 1 treatment per week.



## ELEMIS BODY THERAPY

**Aroma Stone Therapy 1 hr 15 mins**  
£56.00

*Warm Basalt stones to melt away tension.*

Therapeutic heat is slowly released into the belly of the muscle for a completely new body experience. Small stones are placed on key energy points, whilst luxuriously warmed oils are massaged deeply into the body for maximum relaxation.

Recommended: 1 treatment every 2 weeks.

**Musclese AromaSpa Ocean Wrap**  
1 hr 15 mins  
£56.00

*Powerful seaweed wrap for complete muscle relaxation.*

Drift away whilst you are cocooned in a comforting foil wrap and treated to a pressure point facial massage and de-stress scalp treatment. Using a warming blend of Essential Oils, this specialised treatment helps ease aching, tense muscles.

Recommended: 2 treatments per week.



## ELEMIS EXOTIC THERAPY

### Exotic Lime and Ginger Salt Glow 30 mins £30.00

*Invigorated, cleansed and polished to perfection.*

A body exfoliation ritual to invigorate and revitalise. After light body brushing, warm oil is dripped luxuriously over the body, before the sublime Elemis Exotic Lime and Ginger Salt Glow is applied. Skin is deeply cleansed and moisturised, leaving it glowing and vibrant, replenished and flawless.

### Exotic Coconut Rub and Milk Ritual Wrap 45 mins £40.00

*Pure sensuality to enliven the senses.*

Warmed Elemis Skin Nourishing Milk Bath is poured all over the body before being cocooned in a comforting foil wrap. This opulent exotic therapy is excellent for skin smoothing and softening, all combined with a pressure point facial massage and de-stress scalp treatment.

### Exotic Frangipani Body Nourish Wrap 45 mins £40.00

*For immediate softness and suppleness.*

Aromatic Tahitian Coconut and Frangipani flowers are soaked together to produce the Monoi which is poured all over the body and then cocooned in a nourishing foil wrap. Drenching the skin with moisture, this exotic therapy provides ultimate radiance, vitality and all over body glow.

Recommended: 1 treatment every 3 weeks.



## ELEMIS DETOX THERAPY

### Body Sculpting Cellulite and Colon Therapy 1 hr

£60.00

*Redefine and smooth your silhouette.*

Using the new clinically proven Elemis Body Sculpting System, your silhouette will be redefined. The Body Sculpting Lipo-Refining Serum and Body Sculpting Firming Cream target stubborn cellulite and sagging skin, for visible, rapid results. A detoxifying Fennel and Birch peel off body mask is also applied and combined with specialist massage techniques to deeply cleanse the body's systems, helping firm and smooth skin, stimulate circulation and reduce fluid retention. Cleansing of the colon through abdominal massage helps to detoxify the body, working from the inside out.

Recommended: 2 treatments per week for 4 weeks, then 1 per month for maintenance.

### Cellutox AromaSpa Ocean Wrap 1 hr 15 mins

£56.00

*A deeply detoxifying blend to decongest and stimulate the system.*

Let thoughts drift away whilst you are cocooned in a comforting foil wrap and treated to a pressure point facial massage and de-stress scalp treatment. Combining the richness of sea plants and marine algae, this therapy helps reduce the appearance of cellulite and relieve the discomfort of fluid retention. The body is re-energised and skin is left silky soft and smooth.

Recommended: 2 treatments per week.

## ELEMIS MOTHER-TO-BE

### Nurturing Massage for Mother-to-Be 1 hr 15 mins

£60.00

*Massage adapted to each stage of pregnancy.*

This inspirational therapy connects mother and baby through the power of touch, working with two heartbeats as one. Specialised positioning on the unique Elemis beanbag is used to ensure the ultimate in safety, comfort and relaxation. Helping to relieve tension in the back and alleviating swelling in the hands and feet, while easing the mind and uplifting the spirit.

Recommended: 1 treatment every 2 weeks in 1st/2nd trimester.

1 treatment every week in 3rd trimester.



# TIME FOR MEN

## Advanced Anti-Ageing Facial for Men Skin IQ+ Facial 1 hr 15 mins

£60.00

*Anti-ageing booster for tired, stressed skin.*

Charged with the clinically proven\*, anti-ageing Time Defence Wrinkle Delay and Time Defence Eye Reviver, this treatment is tailored to meet the needs of a hectic lifestyle and to combat the harsh, ageing effects of frequent shaving, environmental pollution and constant travel, giving men the ultimate skin overhaul with maximum anti-ageing results.



## Advanced Performance Facial for Men Urban Cleanse Facial 1 hr 15 mins

£55.00

*Deep cleanse and complete skin detox.*

This super-grooming facial works overtime to help eliminate blocked pores, rapidly accelerate skin repair and neutralise impurities. Fast-acting ingredients reduce sensitivity and provide long-lasting defence against the damaging effects of daily pollutants, leaving the skin visibly clear and squeaky clean.

Recommended: 1 treatment every 4 weeks.

\*Independent Clinical Trials 2004

# ELEMIS FACE AND BODY THERAPY FOR MEN

Total Time Out 2 hrs

£85.00

The ultimate skin and body therapy for men.

Select either the anti-ageing Elemis Skin IQ+ Facial or the Urban Cleanse Facial combined with the dynamic and immediate tension-relief of the prescribed Elemis Deep Tissue Muscle Massage. Achieve the ultimate goal of Total Time Out!



## Waxing

Chest	£18.00
Back	£18.00
Eyebrow Tidy	£8.00

## Nails

Grooming for the hands	£12.00
Grooming for the feet	£12.00

# WEDDING SERVICES

## Pre wedding (6-8 weeks prior to the wedding)

Bridal hair consultation	60.00
Make up consultation	35.00
Individual lashes	12.00
Party lashes	15.00
Bridal package (Hair & Make up)	80.00

## On the day

### Hair

	Salon	Venue
Bridal hair	70.00	110.00
Bridesmaids/Hair-up	40.00	50.00
flower girls (up to age 6)	15.00	20.00
Mothers/guests	25.00	35.00

### Make up

Bridal make up	50.00	55.00
Mothers/guests/bridesmaids	40.00	45.00
Individual eyelashes	12.00	12.00
Party lashes	15.00	15.00

Bridal package (Hair & Make-up)	110.00	155.00
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Work with hair extensions      Price on consultation

Group packages can be offered please contact the salon on 015394 44967

Please note for wedding services there is a minimum booking of £150.00 at venues.

# WEDDING PACKAGES

Organising your special day can be stressful, but at The Hair Lounge & Beauty Rooms we understand what is required to remove any tension. We are pleased to offer exclusively designed packages to help you have the perfect day you always dreamed of.

## The Deluxe Bridal Package

**£320.00**

- Elemis Absolute Spa Ritual 2 hours
- Bridal Hair & Make up consultation (6/8 weeks prior)
- Bridal Hair & Make up at the venue on your day
- Jessica Luxury Manicure or Shellac Manicure overlay
- Jessica Luxury Pedicure or Shellac Pedicure overlay

## The Luxury Bridal Package

**£230.00**

- Elemis Face & Body Sensation 55mins
- Bridal Hair consultation (6/8 weeks prior)
- Bridal Hair at the venue on your day
- Jessica Standard Manicure or Shellac Shape & overlay
- Jessica Standard Pedicure or Shellac Shape & overlay

## The Groom Package

**£80.00**

- Elemis Total Time Out 2 hours
- Eyebrow Tidy
- Grooming for the hands

THE HAIR  
& lounge  
Beauty Rooms

18 Crescent Road  
Windermere  
Cumbria  
LA23 1DT

*Tel.* 015394 44967

## OPENING HOURS

MON 10:00 - 18:00

TUE CLOSED

WED 10:00 - 20:00

THUR 10:00 - 18:00

FRI 10:00 - 17:00

SAT 9:00 - 16:00

SUN CLOSED

[www.thehairloungewindermere.net](http://www.thehairloungewindermere.net)  
[thehairlounge@live.co.uk](mailto:thehairlounge@live.co.uk)

[www.lakesinjuryrehab.co.uk](http://www.lakesinjuryrehab.co.uk)  
Call Steve on 07974 125 668